

# Stakeholder Kit

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## Stillbirth Prevention Awareness and Mental Health Support



Australian Government

THE  
SOCIAL POLICY GROUP

# About the Project

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The Social Policy Group was engaged by the Department of Health and Aged Care to develop resources that aim to increase awareness of stillbirth prevention advice, and improve perinatal access to the Australian healthcare system for women from migrant and refugee backgrounds.

The resources in this document have been co-designed with women from migrant and refugee backgrounds and can be used by individuals, organisations, health workers, settlement service providers and community leaders to help raise awareness of stillbirth prevention and to support women to access information, healthcare and support services.



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# How To Use This Document

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This stakeholder kit contains tailored resources on stillbirth prevention and awareness that has been co-designed with migrant and refugee women.

You can download and share these resources via your networks, on your social media, or print and share with your colleagues and community members.



# Animations



The animations explain how to have a healthier pregnancy and reduce risk of stillbirth. They are based on the Stillbirth Centre of Research Excellence Safer Baby Bundle resources.

The five animations focus on:

Smoking

Side-sleeping

Timing of birth

Baby's growth

Baby's movements

Each animation is available in the following languages:



Click on any of the titles or languages to download the resources.

Arabic

Bengali

Burmese

Simplified Chinese

Dari

Dinka

English

French

Hindi

Karen

Nepali

Punjabi

Spanish

Tagalog

Thai

Tigrinya

Turkish

Ukrainian

Urdu

Vietnamese

# Social Media Tiles

The social media tiles provide information on how migrant and refugee women and their families can access perinatal healthcare and mental health support in Australia.

Download the tiles:

**Positive Mental Health for Healthy Pregnancies**

**Accessing Healthcare in Australia**

**Cost of Pregnancy Care in Australia**

The tiles are available in the following languages:



Click on any of the tiles or languages to download the resources.

Amharic

Arabic

Burmese

English

French

Nepali

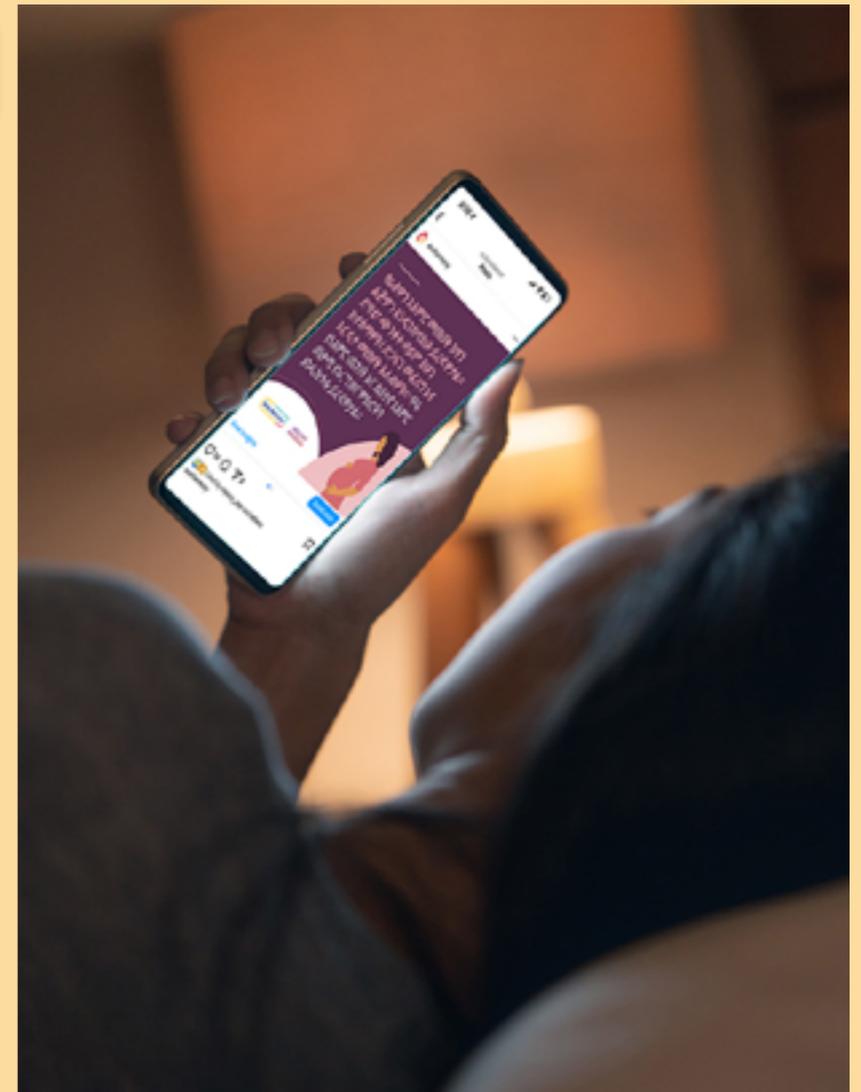
Persian

Swahili

Tamil

Tigrinya

Urdu



# Poster

The poster directs people to the Stillbirth Centre of Research Excellence Safer Baby Bundle in-language resources.

The poster directs people to scan the QR code, with the same message shown in 35 languages:



- |         |            |           |           |                    |
|---------|------------|-----------|-----------|--------------------|
| Amharic | Arabic     | Bengali   | Burmese   | Simplified Chinese |
| Dari    | Dinka      | English   | French    | Greek              |
| Hindi   | Indonesian | Italian   | Karen     | Kirundi            |
| Korean  | Kurdish    | Maori     | Mongolian | Nepalese           |
| Persian | Portugese  | Punjabi   | Samoan    | Somali             |
| Spanish | Tagalog    | Tamil     | Thai      | Tigrinya           |
| Tongan  | Turkish    | Ukrainian | Urdu      | Vietnamese         |

[Download the poster here](#)

[healthyhorizons.org.au/wp-content/uploads/2024/10/Stillbirth-Prevention-Poster-A3-FINAL-30092024.pdf](https://healthyhorizons.org.au/wp-content/uploads/2024/10/Stillbirth-Prevention-Poster-A3-FINAL-30092024.pdf)

# Conversation Guides

There are two conversation guides that can help support culturally responsive conversations about stillbirth. The first guide is for use by community leaders, and the second is for settlement service providers.

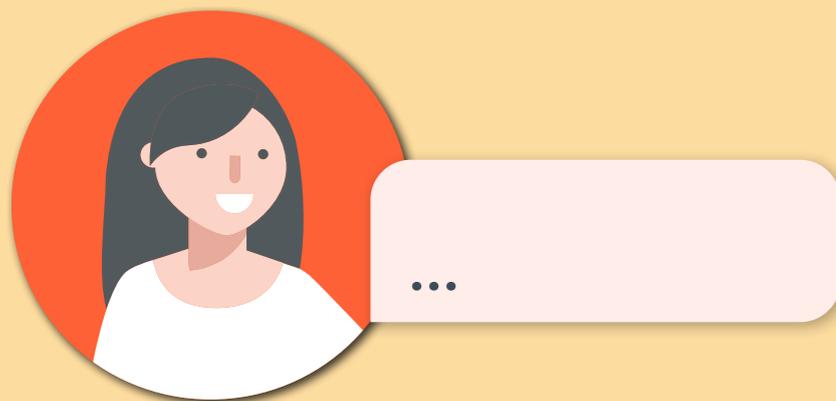
The Conversation Guides address gender specific issues and provide practical guidance to facilitate respectful conversations with women from migrant and refugee backgrounds about stillbirth prevention and to encourage help seeking behaviours.

Conversation Guide: Stillbirth Prevention Awareness and Mental Health Support for **Community Leaders**

Conversation Guide: Stillbirth Prevention Awareness and Mental Health Support for **Settlement Service Providers**



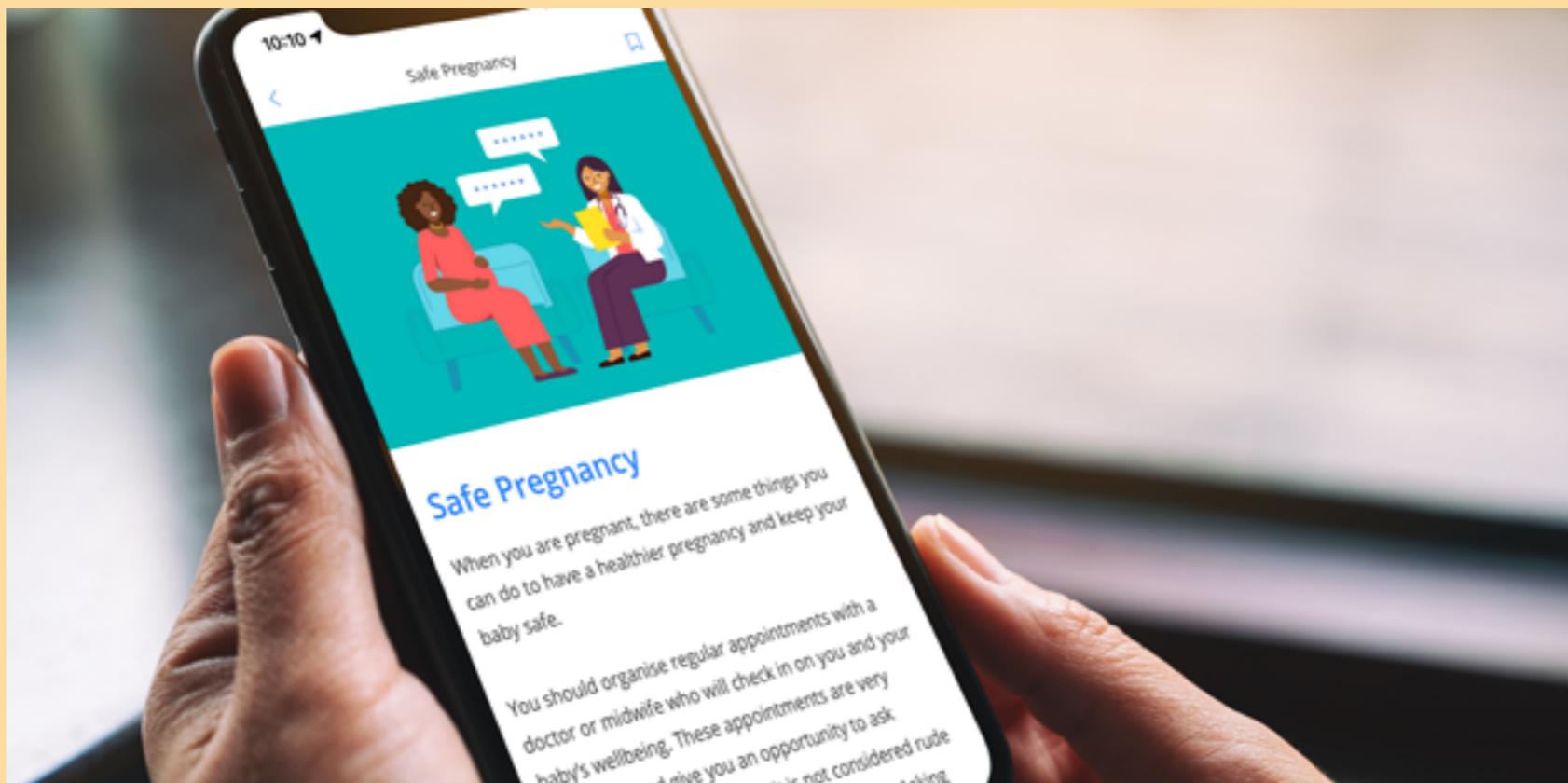
Click on either title to download the resource.



# MyAus App

With tailored content that has been co-designed with migrant and refugee women, the MyAus App provides information on how to have a healthy and safe pregnancy, how to access perinatal health care, and where to go for health and mental health support in Australia.

The MyAus App is free to download from the App Store or Google Play.



# Where To Find More Information

The Safer Baby Bundle is an initiative of the Stillbirth Centre of Research Excellence. It covers evidence-based information and addresses key areas where improved practice can reduce the number of stillbirths.

The Social Policy Group has partnered with the Stillbirth Centre of Research Excellence to expand the reach of the Safer Baby Bundle in five new languages.

You can access translated resources in **30 languages** here:

<https://saferbaby.org.au/translated-resources/>

